



# Let's talk about... foooooood!

*speaking corner*  
by W e r o n i k a O s t a c h o w s k a



WORK IN PAIRS!

**FOOD = ?**

MAKE A LIST OF WORDS CONNECTED WITH  
FOOD!



# TALK IN PAIRS

## ANSWER THE QUESTIONS:

1. What are your eating habits? Do you have a healthy diet? Why (not)?
2. What food do you refuse to eat? What food couldn't you live without?
3. Are you trying to cut down on something right now?
4. Is it important to follow a diet?
5. How often do you eat fast food?
6. What's your favourite cuisine?
7. Can you cook? Who's the best cook in your family?
8. How often do you eat out?
9. Do you ever get a takeaway? What do you usually order?
10. Do you try local food when you travel?







DESCRIBE THE  
PHOTO!





DESCRIBE THE  
PHOTO!



## COMPARE THE PICTURES!



1. Is eating out popular nowadays? Why (not)?
2. Should families eat dinner together? How often? Is it important? Why?
3. When was the last time you cooked something for your family/ friends? What was it?
4. When did you last go to a restaurant? Where? What did you eat?





A man with dark hair, wearing a light blue shirt and a grey striped apron, is smiling and holding a green apple. A young girl with blonde hair in a bun, wearing a red shirt and a white checkered apron, is sitting on a wooden countertop and holding a red apple. They are in a kitchen with white cabinets and a black oven. In the foreground, there is a wooden crate filled with various fruits, including bananas, tomatoes, and bell peppers. The scene is bright and cheerful.

DESCRIBE THE  
PHOTO!





DESCRIBE THE  
PHOTO!



## COMPARE THE PICTURES!

1. How can we encourage children to eat more healthily? Is it possible for them to cut out sweets and fast food from their diet?
2. What's your diet like? Is it healthy or unhealthy?
3. Do our eating habits change as we get older?
4. How important is parents' role in teaching children what to eat?





# DISCUSS IN GROUPS!



1. You are what you eat.
2. Chocolate makes us feel better.
3. Cheap restaurants always serve bad food.
4. Men are better cooks than women.
5. Italian food is the best food.
6. The atmosphere is the most important in a restaurant.
7. Not all fast food is unhealthy.
8. Every country thinks that their cuisine is the best one in the world.
9. On a night out with friends, where and what you eat isn't important.



Idioms

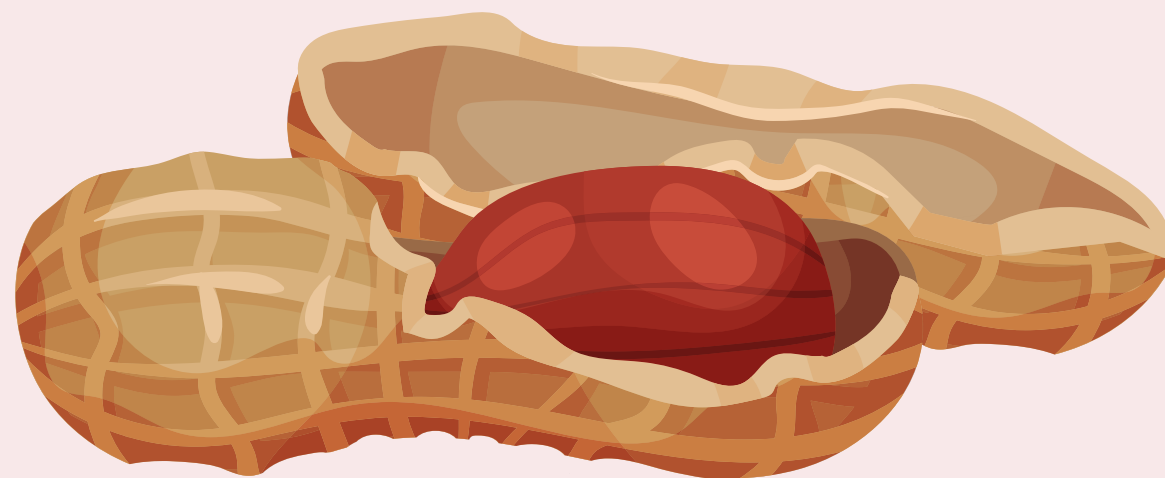
of the

week



# IN A NUTSHELL

EXPLAIN THE MEANING





# BE FULL OF BEANS

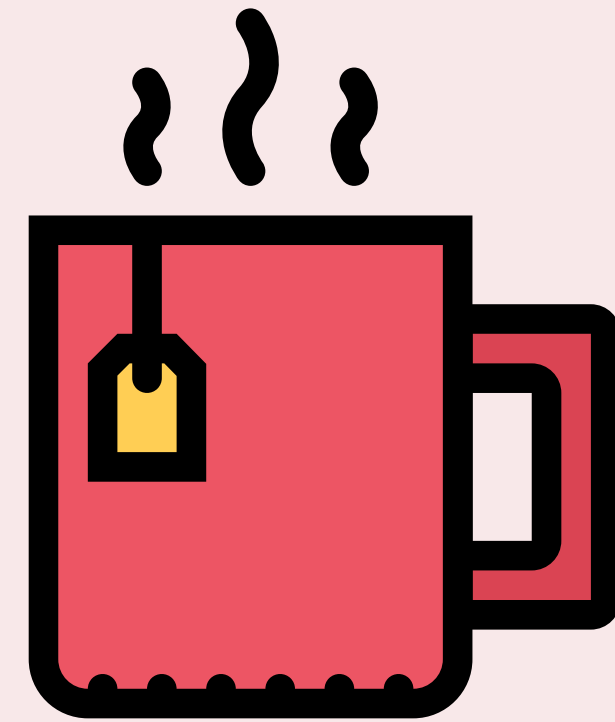
EXPLAIN THE MEANING





# NOT ONE'S CUP OF TEA

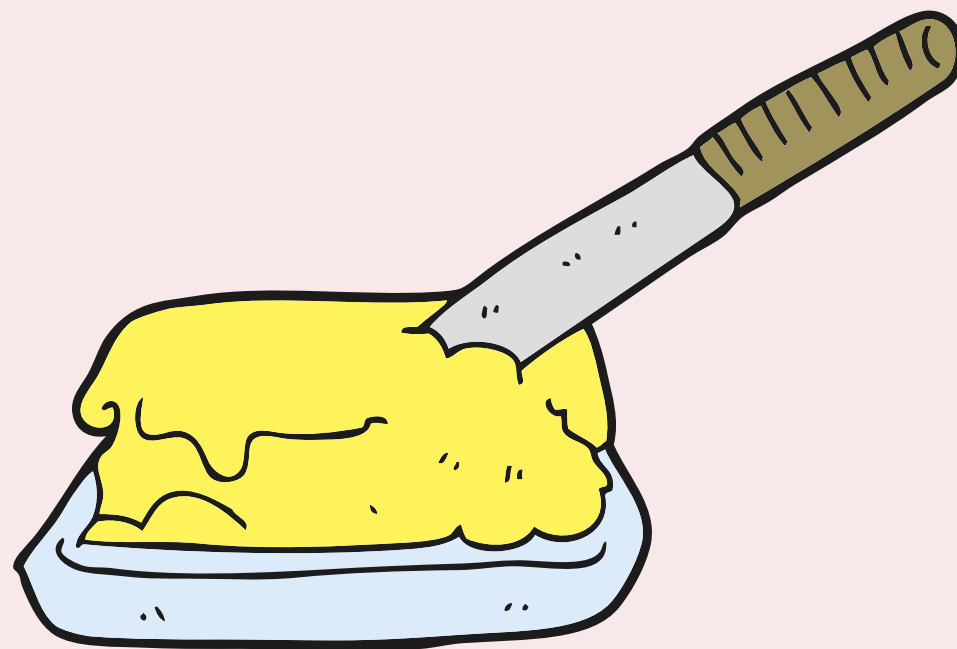
EXPLAIN THE MEANING





# BUTTER SOMEBODY UP

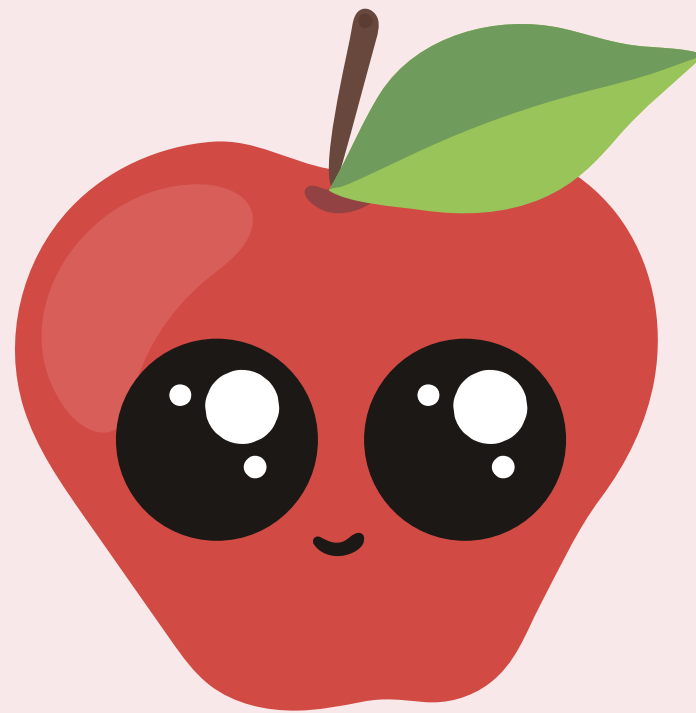
EXPLAIN THE MEANING





# THE APPLE OF ONE'S EYE

EXPLAIN THE MEANING





# ONE'S BREAD AND BUTTER

EXPLAIN THE MEANING



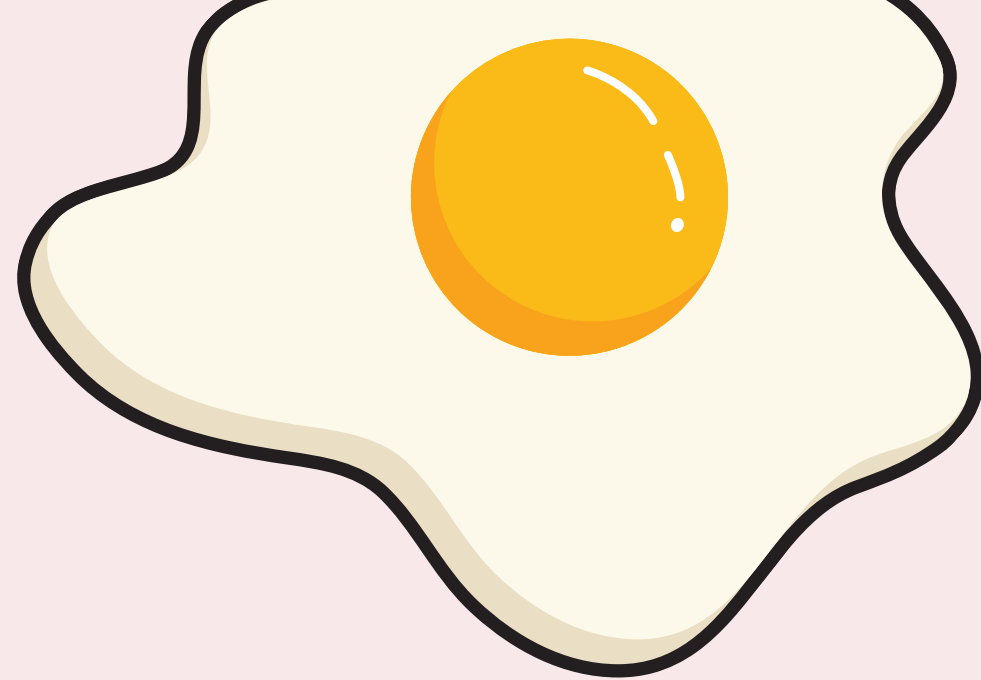


# AS COOL AS A CUCUMBER

EXPLAIN THE MEANING







# A BAD EGG

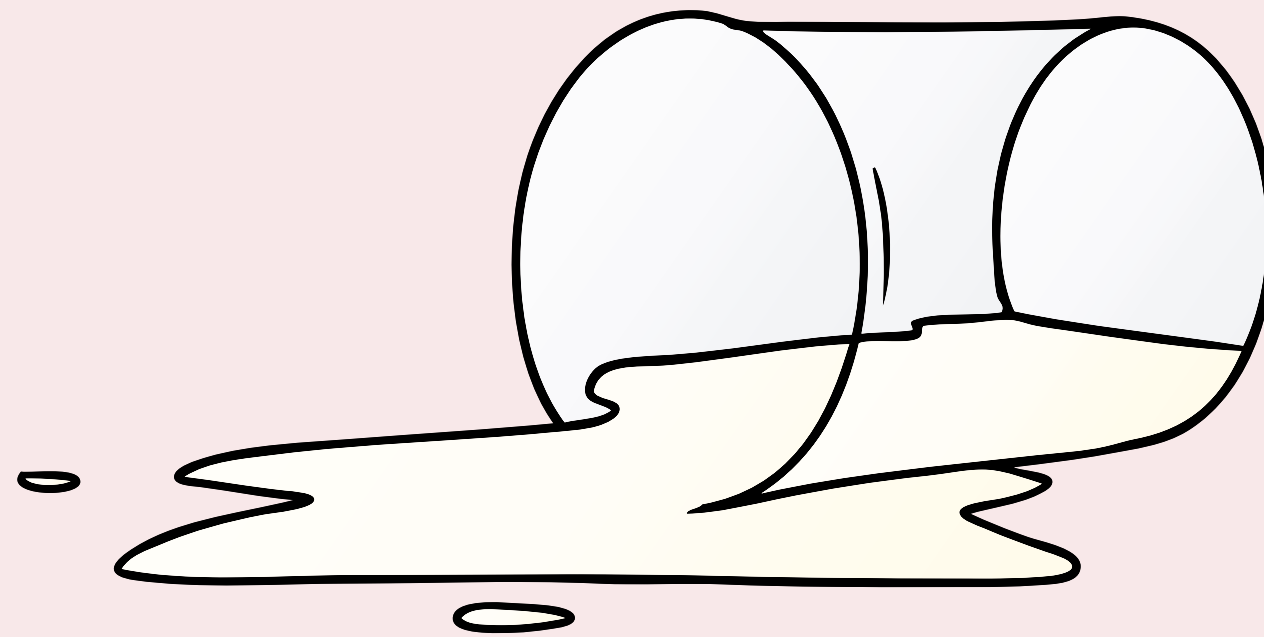
EXPLAIN THE MEANING





# DON'T CRY OVER SPILT MILK

EXPLAIN THE MEANING





# BE BORN WITH A SILVER SPOON IN ONE'S MOUTH

EXPLAIN THE MEANING





# HAVE ONE'S CAKE AND EAT IT TOO

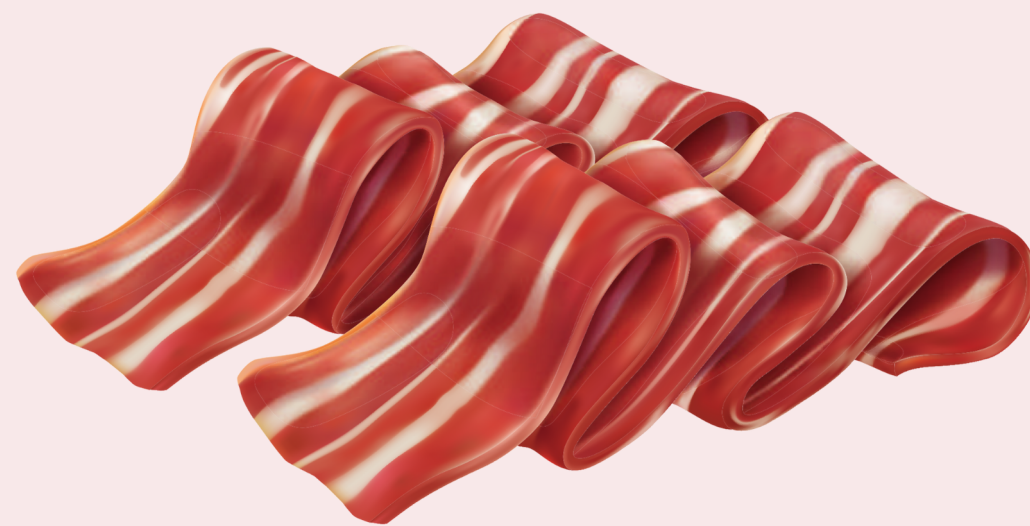
EXPLAIN THE MEANING





# BRING HOME THE BACON

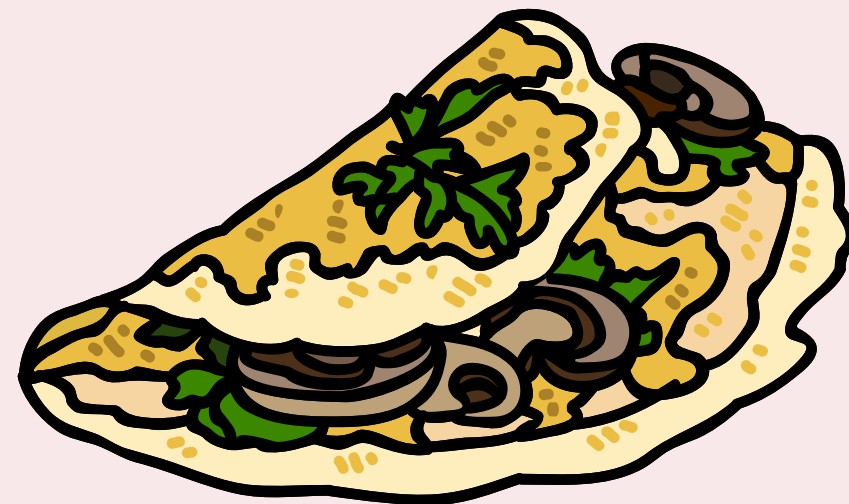
EXPLAIN THE MEANING





# YOU CAN'T MAKE AN OMLETTE WITHOUT BREAKING EGGS

EXPLAIN THE MEANING







# THERE'S PLENTY OF FISH IN THE SEA

EXPLAIN THE MEANING

