

English in Action

Speaking Practice Handbook

Holistic Approach to English
Communication Skills

A1

Student's book



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"To be, or not to be."

-William Shakespeare

Introducing yourself

What can you see in the pictures?
Match the pictures with the dialogues.



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Dialogue A

A: Hello!
B: Hi! How are you?
A: I'm fine, thanks. What's your name?
B: I'm Tom. And you?
A: I'm Lucy. Nice to meet you!
B: Nice to meet you too!



Dialogue B

A: Good morning. What is your name?
B: My name is Mrs. Green.
A: Can you spell your name, please?
B: Yes, G-R-E-E-N.
A: Thank you. Have a good day!
B: Thanks. You too!



Dialogue C

A: Hi! I'm Sarah. And you?
B: Hello, I'm Grace.
A: Nice to meet you.
B: You too.
A: What is your Instagram name?
B: My Instagram is @grace_everyday.



Dialogue D

A: I'm sorry. I must go now.
B: Oh, why?
A: I have an early meeting tomorrow.
B: OK, bye!
A: Good night! Sleep well.
B: Good night! See you soon.



Vocabulary focus

USEFUL EXPRESSIONS

Write the translation.

1. Hello/ Hi.
2. What's your name?
3. My name is/ I'm ...
4. Nice to meet you.
5. Good morning.
6. Good afternoon.
7. Good evening.
8. Goodbye/ Bye.
9. Good night.
10. How are you?
11. I'm fine.
12. And you?
13. Have a good day.
14. See you soon/ tomorrow.
15. I'm sorry.
16. You too.
17. Can you spell your name?
18. I must go.

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Important

- Hello= Hi
- Goodbye = Bye
- My name is = I'm
- Thank you = Thanks



New words

- **meeting** - spotkanie
- **early** - wcześnie
- **please** - proszę
- **why** - dlaczego

How to say that?



Let's practise!

Write the missing words.

1. your name?
2. a good day!
3. fine.
4. See you !
5. Can you your name?
6. I go.
7. Nice to you.
8. are you?
9. you?
10. sorry.

My notes

Vocabulary in Use

Create dialogues.

Situation 1

Poznałeś/-aś nową osobę.

- przedstaw się,
- zapytaj jak ma na imię,
- powiedz, że miło ją poznać

Situation 2

Jesteś w hotelu.

- przedstaw się,
- przeliteruj imię/ nazwisko,
- życz miłego dnia.

Situation 3

Rozmawiasz z kolegą.

- przeproś i powiedz, że musisz już iść,
- poinformuj, że masz rano spotkanie,
- pożegnaj się.

Let's practise

Complete the dialogues.

1

Hello,
I'm Frankie.

2

My name's
Peter.

3

How are you?

4

I'm sorry.
I must go now.

5

See you soon!

6

Yes. N-O-W-A-K.



TO BE - być

1. I am = I'm
2. You are = You're
3. He is = He's
4. She is = She's
5. It is = It's

1. We are = We're
2. You are = You're
3. They are = They're

EXAMPLES

1. I'm Weronika.
2. You're my friend.
3. He's my brother.
4. She's my sister.
5. It's my dog.

1. We're colleagues.
2. You're siblings.
3. They're my family.

Plurals

- friend - friends
- brother - brothers
- sister - sisters
- colleague - colleagues

s, -ss, -sh, -ch, -x, -z

- bus - buses
- box - boxes
- watch - watches
- glass - glasses

-y po spółgłosce

- baby - babies
- city - cities

spółgłoska + -o

- potato - potatoes
- tomato - tomatoes

New words

How to say that?

- **friend** -przyjaciół
- **brother** -brat
- **sister** -siostra
- **dog** -pies
- **colleague** -kolega z pracy
- **siblings** -rodzeństwo
- **family** -rodzina
- **bus** -autobus
- **box** -pudełko
- **watch** -zegarek
- **glass** -szklanka
- **baby** -niemowlę
- **city** -miasto
- **potato** -ziemniak
- **tomato** -pomidor



Let's practise!

Complete with 'to be'.

1. He my friend.
2. My dog very big.
3. Your sister Joanna.
4. They siblings.
5. Jake and Josh colleagues.
6. Sophie my sister.
7. My city small.
8. Your brother a baby.
9. We on the bus.
10. Tomatoes red.

Let's practise!

Colour the circles.

- **white** ○
- **black** ○
- **grey/gray** ○
- **pink** ○
- **purple** ○
- **yellow** ○
- **brown** ○

- **blue** ○
- **green** ○
- **beige** ○
- **cream** ○
- **orange** ○
- **red** ○

light - jasny
dark - ciemny

Colours



STUDY THE EXAMPLES

1. I'm **not** your sister.
 2. You're **not** my brother.
 3. She's **not** happy.
 4. He's **not** my colleague.
 5. It's **not** my dog.
-
1. We're **not** siblings.
 2. You're **not** my family.
 3. They're **not** on the bus.

Short forms

's not = isn't
're not = aren't



- He's not my brother =
He *isn't* my brother.
- She's not my sister =
She *isn't* my sister.
- It's not my dog =
It *isn't* my dog.
- We're not colleagues =
We *aren't* colleagues.



Let's practise!

Complete with 'to be' in a negative form.

1. I _____ your brother.
2. My friend _____ sad.
3. Your house _____ very big.
4. They _____ colleagues.
5. Frank and Sol _____ siblings.
6. Zack _____ my friend.
7. My city _____ big.
8. Your brother _____ a baby.
9. We _____ on the bus.
10. Potatoes _____ black.



full form



short form



short form

full form

short form

Grammar in Use

Complete the gaps.

Text 1

My name ____ Anna. This is my family. My mother and father ____ teachers. I have one brother and one sister. My brother's name ____ Tom. My sister's name ____ Kate. We ____ from London. Our dog's name ____ Max.

Text 2

This is my best friend. His name ____ John. He ____ my colleague at work. We ____ in the same office. John has two siblings. They ____ students. His family ____ very nice.

Text 3

There is a table in the kitchen. On the table, there ____ two glasses, one box, and a watch. The glasses ____ empty. The box ____ full of potatoes and tomatoes. The potatoes ____ fresh, but the tomatoes ____ not fresh.

Change these text. Use negative forms.

Create a similar text. Use any *new words* and positive and negative forms of the verb 'to be'.

Listening focus

Pre-listening

ANSWER THE QUESTIONS.

TALK IN PAIRS.

1. What's your name/ Instagram name?
2. Who is your best friend?
3. Is your city *small/big*?
4. How many *people* are there in your family?
5. Who is your colleague?
6. Is your colleague *friendly/ helpful*?

New words

- **small** -mały
- **big** -duży
- **people** -ludzie
- **person** -osoba
- **friendly** -przyjacielski
- **helpful** -pomocny

How to say that?

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While-listening

LISTEN AND DECIDE IF THE STATEMENTS ARE **TRUE** OR **FALSE**.

Speaker 1

1. Anna is from a big city.
2. Her colleagues are friendly and helpful.
3. Her husband is at home today.
4. She is sad because she has a meeting.



Scan me!

Speaker 2

1. Tom is from Green Street in London.
2. He is at home now.
3. His wife is at work.
4. His Instagram name is @tom_grey.



Scan me!

Speaker 3

1. Sarah is a teacher.
2. She is at work today.
3. She is with her husband.
4. Her street is quiet.



Scan me!

Post-listening

WRITE DOWN THE QUESTION THAT EACH SPEAKER ASKS AND ANSWER THEM.

Question 1

My answer

Question 1

My answer

Question 1

My answer

New words

- **quiet** -cichy
- **loud** -głośny
- **day off** -dzień wolny
- **relaxed** -zrelaksowany
- **with me** -ze mną
- **now** -teraz
- **at home** -w domu

How to say that?

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STUDY THE EXAMPLES

1. **Am** I your friend?
2. **Are** you a couple?
3. **Is** he your husband?
4. **Is** she your wife?
5. **Is** it your cat?

1. **Are** we colleagues?
2. **Are** you adults?
3. **Are** they at work?

- He is my brother.
→ **Is** he my brother?
- You are at work.
→ **Are** you at work?
- My sister is friendly.
→ **Is** my sister friendly?
- Your colleagues are helpful.
→ **Are** your colleagues helpful?



New words

- **couple** -para
- **husband** -mąż
- **wife** -żona
- **adult** -dorosły
- **at work** -w pracy

How to say that?



Important

- am - jestem
- is = jest
- are = są



Let's practise!

Create questions.

1. I'm on the bus.
2. You're at work.
3. He is friendly.
4. Jessica is helpful.
5. My dog is old and small.
6. My friends are a couple.
7. Oscar and Robert are siblings.
8. My car is black.
9. Your box is empty.
10. My city is big.

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Questions

Grammar in Use

Correct the mistakes.

Hello! My name Mark. I are on the bus now. I not am at work today. My wife's is at work. We is a happy couple. We are married? Yes, we aren't.

There is many people on the bus. Some are adults, and some is children. Is my colleague here? No, he is. The bus driver are friendly. The girl near me are helpful.

Vocabulary focus

Write the missing letters.

Days of the week

1. M _ nday _____
2. Tue _ day _____
3. Wednes _ ay _____
4. Thu _ sday _____
5. F _ iday _____
6. _ aturday _____
7. Su _ day _____

Months

1. J _ nuary _____
2. F _ bruary _____
3. _ arch _____
4. A _ ril _____
5. _ ay _____
6. Ju _ e _____
7. J _ ly _____
8. Au _ ust _____
9. _ eptember _____
10. Oc _ ober _____
11. Nov _ mber _____
12. Dece _ ber _____

Seasons

1. Sprin _ _____
2. _ ummer _____
3. Au _ umn _____
4. _ inter _____

Numbers

- | | | |
|-----------------|----------------------|---------------------------|
| 1. one | 11. eleven | 30. thirty |
| 2. two | 12. twelve | 40. forty |
| 3. three | 13. thirteen | 50. fifty |
| 4. four | 14. fourteen | 60. sixty |
| 5. five | 15. fifteen | 70. seventy |
| 6. six | 16. sixteen | 80. eighty |
| 7. seven | 17. seventeen | 90. ninety |
| 8. eight | 18. eighteen | 100. one hundred |
| 9. nine | 19. nineteen | 1000. one thousand |
| 10. ten | 20. twenty | |

Prepositions

- **on** + days (on Monday)
- **on** + dates (on 10th May)
- **at** the weekend
- **at** night
- **at** midnight/ midday
- **at** + hours (at 11 o'clock)
- **in** + months (in January)
- **in** + seasons (in winter)
- **in** + years (in 1991)
- **in** the morning/ afternoon/ evening

Let's practise!

Write the prepositions.

1. _____ spring
2. _____ the morning
3. _____ 12 o'clock
4. _____ midday
5. _____ the weekend
6. _____ 14th February
7. _____ 2020
8. _____ Friday
9. _____ Monday morning
10. _____ September
11. _____ the afternoon
12. _____ night

22 - twenty-two
56 - fifty-six
149 - one hundred and forty-nine
3781 - three thousand seven hundred and eighty-one

Years

1975 - nineteen seventy-five
2010 - two thousand ten / twenty ten
2023 - two thousand twenty-three / twenty twenty-three

Let's talk!

TALK IN PAIRS.

What day is it today?

What month is it now?

What year is it now?

When is Christmas?

When is Easter?

When is your birthday?

What days are the weekend?

When is Valentine's Day?

When is Mother's Day?

Let's talk!

PICTURE DESCRIPTION.

USEFUL expressions

- **The picture shows**
- **In the foreground**
- **In the background**
- **On the left/ right**
- **In the middle**
- **There is/ are**

-zdjęcie przedstawia
-na pierwszym planie
-na drugim planie/ w tle
-po lewej/ prawej
-w środku
-tam jest/są

there is / are

- There is a woman.
- There are people.
- There is a dog and a cat.
- There are boxes.

there is - l.poj

there are - l.mn

Picture 1



Picture 2



Picture 3



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1. What's your name? _____
2. What's your surname? _____
3. What's your Instagram name? _____
4. What's your nickname? _____
5. What's your phone number? _____
6. What's your e-mail address? _____
7. What's your address? _____
8. What's your postcode? _____
9. What's your marital status? _____
10. Where are you from? _____
11. How old are you? _____
12. When were you born? _____

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- A.** I'm 35 (years old).
- B.** It's 7945 0221 789/ My phone number is 7945 0221 789.
- C.** It's Nowak/ My surname is Nowak.
- D.** I'm single/married/divorced.
- E.** It's Soso/ My nickname is Soso.
- F.** It's 45340/ My postcode is 45340.
- G.** I'm Sophie/ My name's Sophie.
- H.** I'm from London, England.
- I.** It's @sophie_english/ My Instagram name is @sophie_english.
- J.** It's/ My address is 268 Main Street.
- K.** It's/ My e-mail address is sophie-english@gmail.com.
- L.** I was born on the 15th May 1985.

Important

- dot
- dash
- _ underscore
- @ at
- o oh (oł)

Talk in pairs.

Answer these questions.

Take some notes and talk about your friend.

My notes

Read this!

1. @jake_offical
2. kate-swift@gmail.com
3. ☎775 290 3372



Writing focus

Write a short text about yourself and one of your friends or a family member. Use full sentences with to be and the expressions you learned in this unit.

1. NAME, SURNAME

2. NICKNAME

3. AGE

4. YEAR OF BIRTH

5. COUNTRY

6. PHONE NUMBER

7. E-MAIL ADDRESS

8. MARITAL STATUS

Me

Me