English *in* Action

Speaking Practice Handbook:

HOLISTIC APPROACH TO ENGLISH COMMUNICATION SKILLS

Student's Book



A1

Speaking CORNER
BY WERONIKA OSTACHOWSKA

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Speaking CORNER
BY WERONIKA OSTACHOWSKA

unit 01
HELLO!

"To be, or not to be."

-William Shakespeare

Introducing yourself

What can you see in the pictures?
Match the pictures with the dialogues.









1 ☐ 2 ☐ 3 ☐ 4 ☐

Dialogue A

A: Hello!
B: Hi! How are you?
A: I'm fine, thanks. What's your name?
B: I'm Tom. And you?
A: I'm Lucy. Nice to meet you!
B: Nice to meet you too!

Dialogue B

A: Good morning. What is your name?
B: My name is Mrs. Green.
A: Can you spell your name, please?
B: Yes, G-R-E-E-N.
A: Thank you. Have a good day!
B: Thanks. You too!

Dialogue C

A: Hi! I'm Sarah. And you?
B: Hello, I'm Grace.
A: Nice to meet you.
B: You too.
A: What is your Instagram name?
B: My Instagram is @grace_everyday.

Dialogue D

A: I'm sorry. I must go now.
B: Oh, why?
A: I have an early meeting tomorrow.
B: OK, bye!
A: Good night! Sleep well.
B: Good night! See you soon.

Vocabulary focus

USEFUL EXPRESSIONS

Write the translation.

1. Hello/ Hi.
2. What's your name?
3. My name is/ I'm ...
4. Nice to meet you.
5. Good morning.
6. Good afternoon.
7. Good evening.
8. Goodbye/ Bye.
9. Good night.
10. How are you?
11. I'm fine.
12. And you?
13. Have a good day.
14. See you soon/ tomorrow.
15. I'm sorry.
16. You too.
17. Can you spell your name?
18. I must go.

TRANSLATION



Important

- Hello= Hi
- Goodbye = Bye
- My name is = I'm
- Thank you = Thanks

New words

• meeting	- spotkanie
• early	- wcześnie
• please	- proszę
• why	- dlaczego

How to say that?

Let's practise!

Write the missing words.

1. _____ your name?
2. _____ a good day!
3. _____ fine.
4. See you _____ !
5. Can you _____ your name?
6. I _____ go.
7. Nice to _____ you.
8. _____ are you?
9. _____ you?
10. _____ sorry.

My notes

Vocabulary in Use

Create dialogues.

Situation 1

Poznałeś/-aś nową osobę.

- przedstaw się,
- zapytaj jak ma na imię,
- powiedz, że miło ją poznać

Situation 2

Jesteś w hotelu.

- przedstaw się,
- przeliteruj imię/ nazwisko,
- życz miłego dnia.

Situation 3

Rozmawiasz z kolegą.

- przeproś i powiedz, że musisz już iść,
- poinformuj, że masz rano spotkanie,
- pożegnaj się.

Let's practise

Complete the dialogues.

1. Hello, I'm Frankie. / .....
2. ..... / My name's Peter.
3. How are you? / .....
4. I'm sorry. I must go now. / .....
5. ..... / See you soon!
6. ..... / Yes. N-O-W-A-K.

Grammar focus

TO BE
affirmative ✓

TO BE - być

1. I am = I'm .....
2. You are = You're .....
3. He is = He's .....
4. She is = She's .....
5. It is = It's .....

1. We are = We're .....
2. You are = You're .....
3. They are = They're .....

EXAMPLES

1. I'm Weronika.
2. You're my friend.
3. He's my brother.
4. She's my sister.
5. It's my dog.

1. We're colleagues.
2. You're siblings.
3. They're my family.

Plurals

- friend - friend**s**
- brother - brother**s**
- sister - sister**s**
- colleague - colleague**s**

s, -ss, -sh, -ch, -x, -z

- bus - bus**es**
- box - box**es**
- watch - watch**es**
- glass - glass**es**

-y po spółgłosce

- baby - bab**ies**
- city - cit**ies**

spółgłoska + -o

- potato - potato**es**
- tomato - tomato**es**

New words

How to say that?

• friend	-przyjaciel .....
• brother	-brat .....
• sister	-siostra .....
• dog	-pies .....
• colleague	-kolega z pracy .....
• siblings	-rodzeństwo .....
• family	-rodzina .....
• bus	-autobus .....
• box	-pudełko .....
• watch	-zegarek .....
• glass	-szklanka .....
• baby	-niemowlę .....
• city	-miasto .....
• potato	-ziemniak .....
• tomato	-pomidor .....



Let's practise!

Complete with 'to be'.

1. He ..... my friend.
2. My dog ..... very big.
3. Your sister ..... Joanna.
4. They ..... siblings.
5. Jake and Josh ..... colleagues.
6. Sophie ..... my sister.
7. My city ..... small.
8. Your brother ..... a baby.
9. We ..... on the bus.
10. Tomatoes ..... red.

Let's practise!

Colour the circles.

- white ○
- black ○
- grey/gray ○
- pink ○
- purple ○
- yellow ○
- brown ○
- blue ○
- green ○
- beige ○
- cream ○
- orange ○
- red ○

light - jasny
dark - ciemny

Colours

Grammar focus

TO BE
negations

STUDY THE EXAMPLES

1. I'm not your sister.
2. You're not my brother.
3. She's not happy.
4. He's not my colleague.
5. It's not my dog.

1. We're not siblings.
2. You're not my family.
3. They're not on the bus.

Short forms

's not = isn't
're not = aren't

- He's not my brother = He isn't my brother.
- She's not my sister = She isn't my sister.
- It's not my dog = It isn't my dog.
- We're not colleagues = We aren't colleagues.



Let's practise!

Complete with 'to be' in a negative form.

1. I _____ your brother.
2. My friend _____ sad.
3. Your house _____ very big.
4. They _____ colleagues.
5. Frank and Sol _____ siblings.
6. Zack _____ my friend.
7. My city _____ big.
8. Your brother _____ a baby.
9. We _____ on the bus.
10. Potatoes _____ black.



full form _____

short form _____



full form _____

short form _____



full form _____

short form _____

Grammar in Use

Complete the gaps.

Text 1

My name _____ Anna. This is my family. My mother and father _____ teachers. I have one brother and one sister. My brother's name _____ Tom. My sister's name _____ Kate. We _____ from London. Our dog's name _____ Max.

Text 2

This is my best friend. His name _____ John. He _____ my colleague at work. We _____ in the same office. John has two siblings. They _____ students. His family _____ very nice.

Text 3

There is a table in the kitchen. On the table, there _____ two glasses, one box, and a watch. The glasses _____ empty. The box _____ full of potatoes and tomatoes. The potatoes _____ fresh, but the tomatoes _____ not fresh.

Change these texts. Use negative forms.

Create a similar text. Use any new words and positive and negative forms of the verb 'to be'.

*fresh - świeży *full - pełny *empty - pusty *office - biuro

Listening focus

Pre-listening

ANSWER THE QUESTIONS.

TALK IN PAIRS.

1. What's your name/ Instagram name?
2. Who is your best friend?
3. Is your city small/big?
4. How many people are there in your family?
5. Who is your colleague?
6. Is your colleague friendly/ helpful?

New words

• small	-mały	
• big	-duży	
• people	-ludzie	
• person	-osoba	
• friendly	-przyjacielski	
• helpful	-pomocny	

How to say that?

While-listening

LISTEN AND DECIDE IF THE STATEMENTS ARE TRUE OR FALSE.

Speaker 1

1. Anna is from a big city. ____
2. Her colleagues are friendly and helpful. ____
3. Her husband is at home today. ____
4. She is sad because she has a meeting. ____

Scan me!

Speaker 2

1. Tom is from Green Street in London. ____
2. He is at home now. ____
3. His wife is at work. ____
4. His Instagram name is @tom_grey. ____

Scan me!

Speaker 3

1. Sarah is a teacher. ____
2. She is at work today. ____
3. She is with her husband. ____
4. Her street is quiet. ____

Scan me!

Post-listening

WRITE DOWN THE QUESTION THAT EACH SPEAKER ASKS AND ASNWER THEM.

Question 1 _____

My answer _____

Question 1 _____

My answer _____

Question 1 _____

My answer _____

New words

• quiet	-cichy	
• loud	-głośny	
• day off	-dzień wolny	
• relaxed	-zrelaksowany	
• with me	-ze mną	
• now	-teraz	
• at home	-w domu	

How to say that?

Grammar focus

TO BE questions

STUDY THE EXAMPLES

1. Am I your friend?
2. Are you a couple?
3. Is he your husband?
4. Is she your wife?
5. Is it your cat?

1. Are we colleagues?
2. Are you adults?
3. Are they at work?

- He is my brother.

→ Is he my brother?

- You are at work.

→Are you at work?

- My sister is friendly.

→Is my sister friendly?

- Your colleagues are helpful.

→ Are your colleagues helpful?



New words

• couple	-para
• husband	-mąż
• wife	-żona
• adult	-dorosły
• at work	-w pracy

How to say that?

Important

- am - jestem
- is = jest
- are = są

Let's practise!

Create questions.

1. I'm on the bus.
2. You're at work.
3. He is friendly.
4. Jessica is helpful.
5. My dog is old and small.
6. My friends are a couple.
7. Oscar and Robert are siblings.
8. My car is black.
9. Your box is empty.
10. My city is big.

1. .....
2. .....
3. .....
4. .....
5. .....
6. .....
7. .....
8. .....
9. .....
10. .....

Questions

Grammar in Use

Correct the mistakes.

Hello! My name Mark. I are on the bus now. I not am at work today. My wife's is at work. We is a happy couple. We are married? Yes, we aren't.

There is many people on the bus. Some are adults, and some is children. Is my colleague here? No, he is. The bus driver are friendly. The girl near me are helpful.

Vocabulary focus

Write the missing letters.

Days of the week

1. M _ nday _____
2. Tue _ day _____
3. Wednes _ ay _____
4. Thu _ sday _____
5. F _ iday _____
6. _ aturday _____
7. Su _ day _____

Months

1. J _ nuary _____
2. F _ bruary _____
3. _ arch _____
4. A _ ril _____
5. _ ay _____
6. Ju _e _____
7. J _ ly _____
8. Au _ ust _____
9. _ eptember _____
10. Oc _ ober _____
11. Nov _ mber _____
12. Dece _ ber _____

Seasons

1. Sprin _ _____
2. _ ummer _____
3. Au _ umn _____
4. _ inter _____

Numbers

1. one	11. eleven	30. thirty
2. two	12. twelve	40. forty
3. three	13. thirteen	50. fifty
4. four	14. fourteen	60. sixty
5. five	15. fifteen	70. seventy
6. six	16. sixteen	80. eighty
7. seven	17. seventeen	90. ninety
8. eight	18. eighteen	100. one hundred
9. nine	19. nineteen	1000. one thousand
10. ten	20. twenty	

Prepositions

- on + days (on Monday)
- on + dates (on 10th May)
- at the weekend on the weekend (US)
- at night
- at midnight/ midday
- at + hours (at 11 o'clock)
- in + months (in January)
- in + seasons (in winter)
- in + years (in 1991)
- in the morning/ afternoon/ evening

Let's practise!

Write the prepositions.

1. _____ spring
2. _____ the morning
3. _____ 12 o'clock
4. _____ midday
5. _____ the weekend
6. _____ 14th February
7. _____ 2020
8. _____ Friday
9. _____ Monday morning
10. _____ September
11. _____ the afternoon
12. _____ night

- 22 - twenty-two
- 56 - fifty-six
- 149 - one hundred and forty-nine
- 3781 - three thousand seven hundred and eighty-one

Years

- 1975 - nineteen seventy-five
- 2010 - two thousand ten / twenty ten
- 2023 -two thousand twenty-three / twenty twenty-three

Let's talk!

TALK IN PAIRS.

What day is it today?	What month is it now?	What year is it now?
When is Christmas?	When is Easter?	When is your birthday?
What days are the weekend?	When is Valentine's Day?	When is Mother's Day?

Let's talk!

PICTURE DESCRIPTION.

USEFUL expressions

• The picture shows	-zdjęcie przedstawia
• In the foreground	-na pierwszym planie
• In the background	-na drugim planie/ w tle
• On the left/ right	-po lewej/ prawej
• In the middle	-w środku
• There is/ are	-tam jest/są

there is / are

- There is a woman.
- There are people.
- There is a dog and a cat.
- There are boxes.

there is - l.poj

there are - l.mn

Picture 1



Picture 2



Picture 3



Vocabulary focus

PERSONAL INFORMATION

Match the questions with the answers.

		TRANSLATION
1. What's your name?	____	
2. What's your surname?	____	
3. What's your Instagram name?	____	
4. What's your nickname?	____	
5. What's your phone number?	____	
6. What's your e-mail address?	____	
7. What's your address?	____	
8. What's your postcode?	____	
9. What's your marital status?	____	
10. Where are you from?	____	
11. How old are you?	____	
12. When were you born?	____	

A. I'm 35 (years old).
B. It's 7945 0221 789/ My phone number is 7945 0221 789.
C. It's Nowak/ My surname is Nowak.
D. I'm single/married/divorced.
E. It's Soso/ My nickname is Soso.
F. It's 45340/ My postcode is 45340.
G. I'm Sophie/ My name's Sophie.
H. I'm from London, England.
I. It's @sophie_english/ My Instagram name is @sophie_english.
J. It's/ My address is 268 Main Street.
K. It's/ My e-mail address is sophie-english@gmail.com.
L. I was born on the 15th May 1985.

Important

.	dot
-	dash
_	underscore
@	at
0	oh (oł)

Read this!

1. @jake_offical
2. kate-swift@gmail.com
3. 775 290 3372

Talk in pairs.
Answer these questions.

Take some notes and talk about your friend.

My notes



Writing focus

Write a short text about yourself and one of your friends or a family member.
Use full sentences with to be and the expressions you learned in this unit.

1. NAME, SURNAME
2. NICKNAME
3. AGE
4. YEAR OF BIRTH
5. COUNTRY
6. PHONE NUMBER
7. E-MAIL ADDRESS
8. MARITAL STATUS

Me	

Me