

English *in* Action

Speaking Practice Handbook:
HOLISTIC APPROACH TO ENGLISH COMMUNICATION SKILLS

Student's Book



A2+
B1

Speaking CORNER
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unit 01 TECHNOLOGY

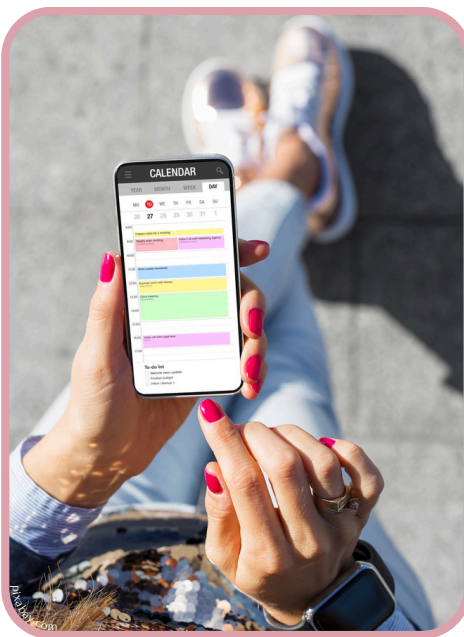
"The advance of technology is based on making it fit in so that you don't really even notice it, so it's part of everyday life."

- Bill Gates

Warm up

DISCUSS IN PAIRS.

1. Do you use a smartphone? What brand is it, and what do you mainly use it for?
2. How often do you check your email or social media accounts?
3. What electronic devices do you have at home, and which one do you use the most?
4. What are some of the apps you use regularly on your phone, and why do you find them helpful?
5. Do you enjoy watching videos or movies on streaming platforms? Which ones do you use, and what type of content do you watch?
6. Are you concerned about the amount of time you spend on electronic devices? How do you manage screen time?



USEFUL expressions

- The picture shows/ presents
- In the foreground
- In the background
- She seems
- It looks like
- In my opinion
- Both pictures show
- The main similarity/ difference

Grammar focus



MODAL VERBS

STUDY THE EXAMPLES

1. She **might/may** be working.
2. She **must** be driving a car.
3. They **can't** be hanging out now.
4. She **should** be studying.

MODAL VERB + BE + VERB (-ING)

Use modal verbs to speculate about what the people in the pictures are doing now.



Make some sentences about the people from the pictures.
Use modal verbs as in the examples.

Let's talk!

CHOOSE AND EXPLAIN.



V S



V S



USEFUL adjectives

- modern
- portable
- high-tech
- wireless
- user-friendly
- easy-to-use
- helpful

My ideas

text someone * take photos
scroll * download apps
chat on the phone * surf the Net
use social media * watch films

use at work * send e-mails
write reports * take everywhere
need a keyboard and a mouse
have a big screen

Grammar focus



COMPARATIVES
& SUPERLATIVES

STUDY THE EXAMPLES

1. A phone is more portable than a tablet.
2. A laptop is as useful as a computer.
3. A tablet is the most hi-tech.
4. A computer is the least modern.

ADJECTIVES

big - bigger - the biggest
tiny - tinier - the tiniest
modern - more modern - the most modern
much/ many - more - the most
little - less - the least
far - further - the furthest



Let's practise

WRITE 5 SENTENCES.
Use the given words.

1

LESS

2

MORE

3

AS

4

THAN

5

LEAST

Vocabulary focus

COLLOCATIONS.
Match with the definitions.

1. store data _____
2. cutting-edge technology _____
3. wireless hotspots _____
4. go viral _____
5. share content _____
6. reboot a computer _____
7. recover your password _____
8. delete a file _____
9. back up your files _____
10. use a search engine _____

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- A. Locations where you can access the Internet without using cables, typically through Wi-Fi.
- B. To regain access to your account by retrieving* your forgotten password.
- C. To save information on a device or system for later use.
- D. To make a copy of your important files to prevent data loss.
- E. To remove a file from a device or system.
- F. To restart a computer or device to solve technical issues.
- G. The latest and most advanced technology.
- H. To distribute or post material such as text, images, or videos online for others to see.
- I. To spread rapidly* and widely on the Internet or social media.
- J. To utilize* an online tool that helps you find information on the Internet.

*retrieve - odzyskać
*rapidly - gwałtownie
*utilize - użytkować, eksploatować

Let's practise

TALK IN PAIRS.

Complete the questions with the collocations.

1. How often do you use a _____ ? What types of information do you typically search for?
2. How do you usually _____ if you forget it?
3. Why do you think some content _____ while other content does not?
4. How has _____ changed the way we live and work?
5. Have you ever had to _____ or device? What was the reason, and did it solve the issue?
6. When is it necessary to _____ from your computer or device?
7. Can you discuss both positive and negative aspects of _____ on the Internet?
8. Have you ever relied on _____ to access the Internet?
9. How often do you _____ your files to prevent losing them?
10. What are some examples of digital devices that you use to _____ ?

Reading time

"Tech's Role in Health and Well-Being"

The integration of technology into our lives has significantly impacted health and well-being. Digital health apps and wearable devices monitor exercise, heart rate, and sleep patterns, encouraging healthier lifestyles. Telemedicine offers remote medical consultations, especially beneficial in remote areas. However, excessive screen time can lead to digital eye strain and disrupted sleep. Finding a balance between using technology to stay healthy and avoiding its problems is important for having a good connection between our digital lives and overall health.

VOCABULARY:

synonyms

Match the words from the text with their synonyms.

1. considerably, a lot:
2. eye fatigue, discomfort:
3. distant, faraway:
4. extreme, overmuch:
5. total, complete:
6. worn, portable:
7. prevent:
8. helpful, advantageous:
9. motivate, inspire:
10. disturbed, interrupted:

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VOCABULARY:

Explain the given words in English.

impact device sleep pattern lead to
connection digital app well-being

- It's a synonym for
- This word means
- You use it to
- It's a thing which

QUESTIONS:

Answer the questions.

1. How has the integration of technology into our lives affected health and well-being?
2. What are some functions of digital health apps and wearable devices?
3. How does telemedicine benefit individuals in remote areas?
4. What potential negative effects can excessive screen time have on health?

1. Computers and robots are making work easier. ☐
2. Using technology a lot might not help us think and solve problems. ☐
3. Computers doing jobs might mean some people lose work. ☐
4. Sometimes, too much technology keeps us indoors and not active. ☐
5. Some people can't use technology because they don't have access to it. ☐
6. While technology is useful, it can also distract us from other important things. ☐

USEFUL expressions

- To my mind,
- In my opinion,
- As I see it,
- From my point of view,
- On the one hand,
- On the other hand,
- However,

- Firstly,
- Secondly,
- What's more,
- Moreover,
- In addition to this,
- To sum up,
- All in all,

EXPRESS YOUR OPINION.

Do you agree or disagree?

1. "Technology is best when it brings people together." - Matt Mullenweg
2. "Technology will never replace great teachers, but technology in the hands of great teachers can be transformational." - George Couros
3. "Technology is a tool, and like all tools, it can be used for good or bad." - Bill Gates
4. "The real problem is not whether machines think, but whether men do." - B.F. Skinner
5. "Technology is nothing. What's important is that you have a faith in people, that they're basically good and smart, and if you give them tools, they'll do wonderful things with them." - Steve Jobs

DESCRIBE THE PICTURES.

Use the given words.

TALK IN PAIRS.



1



2

- delete a file
- store data
- on the phone
- back up files
- devastated
- go viral
- use social media
- wireless hotspot
- scroll
- share content
- thrilled

Vocabulary focus

PHRASAL VERBS.
Match with the definitions.

1. PLUG IN/ UNPLUG _____
2. LOG IN/OUT _____
3. SIGN UP FOR _____
4. SWITCH/TURN ON/OFF _____
5. TURN UP/ DOWN _____
6. BREAK DOWN _____
7. POP UP _____
8. FREEZE UP _____

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- A. To register or enroll for* something, often online.
- B. To stop working and need repair.
- C. To increase (volume, intensity) or decrease (volume, temperature).
- D. To enter (a computer system, website) or leave (a computer system, website).
- E. To suddenly appear, usually on a screen or in a window.
- F. To become inoperative or unresponsive*, often due to technical issues.
- G. To insert or remove a plug from an electrical outlet*.
- H. To start functioning or stop functioning using a switch or button.

*enroll for - zapisać się na
*unresponsive- niereagujący
*electrical outlet - gniazko elektr.

COMPLETE THE PREPOSITIONS.

- freeze _____
- log _____
- switch _____
- break _____
- plug _____
- pop _____
- turn _____
- sign _____

Let's practise

TALK IN PAIRS.

Complete the questions with the phrasal verbs.

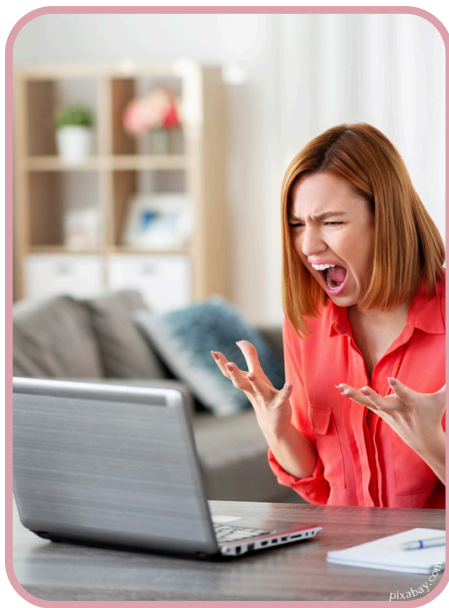
1. Do you usually _____ your computer before going to bed to save energy?
2. Can you explain to me why my computer tends to _____ when I try to open certain applications?
3. Have you ever forgotten to _____ after using a public computer?
4. How often do you _____ to social media platforms to stay updated on your friends' activities?
5. Do you _____ the music when you try to study/ work?
6. When did you last get distracted when a notification suddenly _____ on your screen?
7. What was the last website you decided to _____ ?
8. Who would you call if your computer _____ and you couldn't turn it on?
9. Do you remember to _____ your charger when you don't use it?

Listening focus

Pre-listening

DESCRIBE THE PICTURE.

TALK IN PAIRS.



ANSWER

the questions

1. How do you react when a computer or any other device freezes up or breaks down?
2. Have you ever destroyed any device because it refused to work?

While-listening

ANSWER THE QUESTIONS.

TALK IN PAIRS.

1. What was Emily's job?
2. Why did Emily feel frustrated at the beginning of the story?
3. What solution did Emily remember from her coworker?
4. How did Emily feel when her computer started working again?
5. What did Emily learn from her experience with the broken computer?



Scan me!

My notes

coworker	tough	face a challenge	relieved
reschedule	frustrated	bad timing	handle sth

1. : when something happens at an inconvenient* moment.
2. : difficult or hard to deal with.
3. : feeling upset and annoyed because things are not going well.
4. : a person you work with in the same place or on the same project.
5. : feeling happy, calm because something difficult/worrying is over.
6. : to change the time or date of an event or task to a different time.
7. : to manage or deal with a situation or problem.
8. : to encounter* and deal with a difficult task or problem.

*inconvenient - niedogodny
*encounter - napotkać, natknąć się na

Let's practise

TALK IN PAIRS.

Complete the questions with the words from the previous exercise.

1. How do you usually something when you encounter technical difficulties while working on a project?
2. Can you share a time when a situation led to an opportunity for personal growth?
3. What strategies do you use to when you're feeling overwhelmed* with tasks at work?
4. Have you ever had to a meeting or appointment due to conflicting schedules?
5. Can you describe a situation where you felt because a problem was resolved* in a positive way?
6. How do you approach working with a who has a different working style or perspective?
7. How do you communicate with others when you're feeling by circumstances* beyond your control, such as delays or unexpected changes?
8. How do you typically react when you encounter a series of events that seem to have causing* inconvenience or stress?

*overwhelmed - przytłoczony
*resolved - rozwiązany
*approach - podchodzić do czegoś

*circumstances - okoliczności
*cause - powodować

FINISH

the sentences

Technology has transformed
the way we...

In today's digital age,
technology plays a crucial
role in...

The role of technology in
education is evident when...

- TOPIC:

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Meaning

Example

1.		
2.		
3.		
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